|  |  |  |
| --- | --- | --- |
| Serving Size:  Servings: | Per 1 Scoop (6.4g)  Per Container ~50 | Per 3 Scoop (19.2g)  Per Container ~17 |
|  | Amount      %DV∆ | Amount      %DV∆ |
| Calories | 5 | 15 |
| Vitamin B3 (as Niacin) | 7 mg         44% | 21 mg         131% |
| Vitamin B6 (as Pyridoxine HCl & Pyridoxal-5’-Phosphate) | 1 mg         59% | 3 mg            176% |
| Vitamin B9 BioB9™ (as Folic Acid & 5-Methyltetrahydrofolate) | 134 mcg         34% | 402 mcg            101% |
| Vitamin B12 (as Methylcobalamin) | 2 mcg         83% | 6 mcg            250% |
| Beta Alanine | 1100 mg          ‡ | 3300 mg             ‡ |
| Citrulline Malate 2:1 | 1100 mg          ‡ | 3000 mg             ‡ |
| Creatine Monohydrate | 1000 mg          ‡ | 3000 mg             ‡ |
| Taurine | 700 mg          ‡ | 2100 mg             ‡ |
| Tyrosine | 500 mg             ‡ | 1500 mg             ‡ |
| Arginine AKG 2:1 | 167 mg             ‡ | 501 mg             ‡ |
| Caffeine | 133 mg           ‡ | 399 mg             ‡ |
| ∆ Percent Daily Values (DV) are based on a 2,000 calorie diet.  ‡ Daily value (DV) not established. | | |
| **OTHER INGREDIENTS:** Citric Acid, Malic Acid, Natural and Artificial Flavors, Calcium Silicate, Acesulfame Potassium, Silica, Sucralose, Xanthan Gum, FD&C Blue # 1. | | |